

INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.

BlueCross Washington Regence

BMI 40 or greater OR BMI 35-39 with certain co morbidities (18 years of age or older)

1. Medical records for last doctors office visit
2. Diet requirement-Documentation of participation for at least 6 consecutive months within past 24 months in a structured, medically supervised non surgical weight reduction program. A comprehensive commercial weight loss program is an acceptable program component, but it must be selected and monitored under the supervision of the healthcare practitioner providing medical oversight. Comprehensive weight loss programs generally address diet, exercise and behavior modification, e.g., Weight Watchers. Documentation from the clinical medical records must indicate that the structured medical supervision meets all of the following criteria: include at least three visits for medical supervision, occurring at intervals of no longer than 4 months apart, e.g., at the start, middle and end of the 6-month weight loss program, be provided by an MD, DO, NP, PA or a registered dietitian under the supervision of an MD, DO, NP, or PA, include assessment & counseling concerning weight, diet, exercise, behavior modification and demonstrate active member participation and engagement resulting in either weight loss or no further weight gain by the end of the six month program
3. Psychological evaluation - Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090



TRI STAR HEALTH SYSTEMSM