

INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.

BlueCross Tennessee

BMI 40 or greater OR BMI 35-39 with certain co morbidities (18 years of age)

1. Medical records for past 5 years
2. Diet requirement-a physician must submit records that the individual has successfully lost 10% of their initial body weight. The physician must be someone other than the surgeon and the attempt must be within the prior 2 years. (For example, if you weigh 330 pounds, you must have documentation showing you have lost 33 pounds in the last two years, or you will need to lose this amount before submittal to BlueCross for approval.)
3. Letter from Primary Care Physician
4. Psychological evaluation- to include results, Minnesota Multi-phasic Personality Inventory (MMPI2), and the Eating Disorder Inventory (EDI-2) or the Eating Attitudes Test (EAT-26). If any of these provide a suggestion of cognitive slippage or psychosis, a predictive test (e.g. TAT or the Rorschach test) is required. Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090



Centennial Center for the Treatment of Obesity

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