

## INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

*The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.*

### **BlueCross Pennsylvania Independence**

*Adult Criteria (18 years of age)*

BMI 40 or greater OR BMI 35-39 in conjunction with 1 or more severe co morbidities

1. Medical records for last doctors office visit
2. Diet requirement- documentation of a failed history of medical weight loss
3. Psychological evaluation - Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090
4. Nutritional evaluation - Centennial Outpatient Dietitian 615-342-3977

### **BPD/DS and Gastric-band procedures are covered procedures for adults only**

*Adolescent Criteria*

BMI 50 or greater OR BMI 40-49 with obesity-related co morbidities and has attained or nearly attained physiologic maturity as defined by: attaining Tanner State IV (skeletal and sexual maturation is almost complete) or 95% of adult height based on estimates from radiologic bone age.

1. Medical records for last doctors office visit
2. Diet requirement-Has documentation of a failed history of medical weight loss (complete our paperwork to submit to insurance company)
3. Surgeon consult - Dr. Olsen 615-342-5840 or Dr. Dyer 615-342-5830 or Dr. Houston 615-342-5820
4. Psychological evaluation - Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090
5. Nutritional evaluation - Centennial Outpatient Dietitian 615-342-3977

**Gastric bypass is the only covered procedure for adolescents**



**TRI STAR HEALTH SYSTEM<sup>SM</sup>**