

INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.

BlueCross Pennsylvania Capital

BMI 40 or greater OR BMI 35-39 with a co-morbid condition (18 years of age)

1. Medical records for last doctors office visit
2. Diet requirement -Documentation of patient participation in and meet the criteria of a structured nutrition and exercise program. The nutrition and exercise program must be supervised and monitored by a physician working in cooperation with dietitians and/or nutritionists; and must be for a cumulative total of 26 weeks or longer in duration within the past 12 months prior to the surgery. The patient's participation must be documented in the medical record by the attending physician who supervised the patient's progress. Documentation should include medical records of the physician's on-going assessments of the patient's progress throughout the course of the program
3. Psychological evaluation - Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090
4. Nutritional evaluation - Centennial Outpatient Dietitian 615-342-3977



Centennial Center for the Treatment of Obesity

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