

INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.

BlueCross North Carolina

Adult Criteria (18 years old and/or has reached full skeletal growth)

BMI 40 or greater OR BMI 35-39 with certain co morbidities

1. Medical records for past 2 years
2. Lab work-showing no endocrine disorder (your physician must complete and have results sent to our office)
3. Surgeon consult - Dr. Olsen 615-342-5840 or Dr. Dyer 615-342-5830 or Dr. Houston 615-342-5820
4. Psychological evaluation - Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090
5. Nutritional evaluation - Centennial Outpatient Dietitian 615-342-3977

BPD with or without DS is covered procedure

Adolescent Criteria

Coverage for adolescents under 18 years of age may be provided only in a covered clinical trial offering a multidisciplinary team approach capable of managing the unique challenges posed by the adolescent age group.



Centennial Center for the Treatment of Obesity

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