

INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.

Humana

BMI 40 or greater OR BMI 35-39 with certain comorbidities (18 years or older)

1. Medical records for last doctors office visit
2. Diet requirement-participation within the last 2 years in a physician directed weight management program for a minimum of 6 months without significant gaps. The program must include monthly documentation of all the following components: vital signs, current dietary program, physical activity, and behavioral interventions to reinforce health eating and exercise habits. Diet programs/plans alone, such as Weight Watchers, Jenny Craig and similar plans, are not considered physician directed weight management programs and do not meet this requirement. Similarly, physician-directed programs consisting exclusively of pharmacological management are not sufficient to meet this requirement
3. Letter from Primary Care Physician
4. Psychological evaluation - Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090

BPD/DS procedures are covered



Centennial Center for the Treatment of Obesity

TRISTAR HEALTH SYSTEMSM