

INSURANCE CRITERIA

*This is a summary of the requirements from your insurance company that must be met to obtain approval for surgery. For a detailed list, please contact your insurance company. This list is subject to change without notice from your insurance company. **These requirements only apply if surgery is a covered benefit under your policy.** Some policies will have an exclusion, meaning they do not cover bariatric surgery. If your insurance plan does not cover bariatric surgery or you choose not to meet their criteria, we do have a comprehensive self pay option available. Please speak to one of our staff for details.*

The criteria below are for gastric bypass and gastric banding procedures only unless otherwise noted (we must check with your insurance for coverage of sleeve gastrectomy or duodenal switch. Criteria for revisional procedures, if covered, vary plan by plan and may include additional criteria not listed). Please do not schedule any appointments until advised by our office.

Great West Healthcare

BMI 40 or greater OR BMI 35-39 with certain co morbidities (18 years of age or documentation of completion of bone growth)

1. Medical records for past 5 years
2. Diet requirement-Documentation of participation in a weight loss program for 6 months within the last 2 years. Must have chart notes that include documentation of a dietary program for weight loss, which consists of a very-low-calorie diet program and includes monthly weigh-ins and nutritional analysis. At least monthly clinical encounters with a healthcare professional, increased activity/exercise regimen unless contraindicated, behavioral modification program supervised by a qualified professional to reinforce dietary therapy and increased physical activity. Weight loss management history should include pharmacotherapy with physician prescribed weight loss drugs, or documentation of why pharmacotherapy was not tried.
3. Lab work-showing no endocrine disorder (your physician must complete and have the results sent to our office)
4. Psychological evaluation - Athena Consulting 615-320-1155 or Evelyn Frye Center 615-385-4090
5. Nutritional evaluation - Centennial Outpatient Dietitian 615-342-3977

Gastric-band is a covered procedure with BMI <50



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